

Committee:	Date:
Health and Wellbeing Board	27 January 2017
Subject:	Public
Health and Wellbeing Board update report	
Report of:	For Information
Director of Community and Children's Services	
Report Author:	
Sarah Thomas, Health & Wellbeing Executive Support Officer	

Summary

This report is intended to give Health and Wellbeing Board Members an overview of local developments related to the work of the Board where a full report is not necessary. Details of where Members can find further information, or contact details for the relevant officer are set out within each section. Updates included are:

- Healthwatch report
- Safer City Partnership update
- Corporate Alcohol Strategy
- Social Wellbeing Panel
- Better Care Fund (BCF) performance
- Launch of Low Emission Neighbourhood
- New City and Hackney Joint Strategic Needs Assessment chapters
- Cooking courses at Golden Lane
- Sustainable City Awards
- Public Health England CityWell case study

Recommendation

Members are asked to:

- Note the report.

Main Report

1. This report updates Members on key developments and policy issues that are related to the work of the Health and Wellbeing Board in the City of London. Details of where Members can find further information are also included.

2. Healthwatch report

Enter and View visits at St Bartholomew's Hospital: Healthwatch staff and volunteers have carried out visits to St Bartholomew's Hospital in December 2016 to observe and talk with patients, carers and staff on the nutrition and catering at

the hospital. The visits were designed to coincide with the move to the new catering company at Barts to advise on the need for changes and communicate any concerns and recommendations. The visits also coincide with a forthcoming CQC inspection at St Bartholomew's which is anticipated in January as part of the series of inspections at Barts Trust. Wards visited were medical oncology, haematology, cardiac and cystic fibrosis wards. Visits took place at a range of times throughout the day to witness different meal servings and talk to patients and carers. The full report will be produced in January.

Contact Janine Aldridge, Healthwatch City of London Officer, 020 7820 6787

3. **Safer City Partnership**

Safer City Partnership Strategy 2017-20: This document is one of the key vehicles to capture and develop the connections between the health and wellbeing agenda and community safety. The Safer City Partnership will shortly begin the process of refreshing and updating its existing strategy for the coming three years (the strategy is a statutory requirement and is reviewed annually). Following the significant work undertaken last year it is likely that the overall priorities will remain broadly similar; however there is scope to highlight specific targets and work beneath these. Hard copies of the existing strategy will be available at the meeting.

2016 Festive Activity: The proposal to establish an Alcohol Recovery Centre in the City of London in the run up to Christmas and New Year unfortunately was not realised due to the pressures the London Ambulance Service experienced. Given the support across the Corporation and City of London Police for running this project we will be looking to overcome the problems encountered and have one in place for 2017. Initial indications are that the work of Corporation and Police staff saw the Christmas period pass relatively calmly. The pilot scheme with the London Ambulance Service, which saw a cycle Paramedic accompanied by a City police officer during periods of peak demand, is considered to have been highly effective in reducing pressure on ambulances and police officers. The Manager of the Community Safety Team has been invited on to the Steering Committee for Evaluating the Diversion of Alcohol Related Attendance (EDARA), a significant national project involving Cardiff University, the University of Sheffield and the National Institute for Health Research. It aims to improve the understanding and evidence base relating to dealing with alcohol intoxication in night time and recreational settings. Further details of the project can be found here: <http://www.cardiff.ac.uk/violence-research-group/research-projects/an-evaluation-of-alcohol-treatment-centres>

Domestic Abuse: The City of London Domestic Abuse Forum has changed its name to include Sexual Violence. The current strategic action plan will be coming to an end in March 2017. This plan was developed following a systematic review of how the City responds to domestic abuse, commissioned by the Department for Community and Children's Services. The strategic action plan for 2017-19 is being drafted and will be made available for consultation at the end of January. Helping shape the new action plan will be the emerging City of London Violence

Against Women and Girls Strategy. Consultation with local partners identified the following priorities:

- Access to support
- Raising awareness of ending VAWG
- Ending harmful practice
- Holding perpetrators to account
- Responding to trafficking, prostitution and sexual exploitation
- Addressing harmful attitudes and behaviour at an early age
- Understanding and responding to the health impact of VAWG
- Improving women's safety on public transport
- Embedding learning from Domestic Violence Homicide Reviews and specialist service providers

Prevent (Radicalisation): The Prevent duties introduced in the summer of 2015 place specific responsibilities on the following: Local Authorities, schools, registered childcare providers, further education colleges, independent providers that are eligible to receive public funding to deliver education, Sixth Form Colleges, private further education institutions that have at least 250 students, universities, NHS Trusts and Foundation Trusts, prisons and Youth Offending Institutions, under-18 secure estate, secure training centres, National Probation Service, Community Rehabilitation Companies and police forces including the British Transport Police. The key responsibilities applicable to all specified authorities are:

- Leadership: develop mechanisms to understand the risk, ensure staff understand the risk and have capacity to deal with it, promote the duty and ensure staff implement the duty.
- Partnership: demonstrated partnership working particularly with Prevent Co-ordinators, Local Authorities and Police, via multi-agency forums already in place, such as the Community Safety Partnerships.
- Capabilities: ensure front line staff are trained to understand radicalisation and vulnerabilities, know the supports available and how people can access these supports.

The City of London Prevent Strategy is due for updating. A consultation process will commence in January 2017. Staff working in health and social care settings will remain a key group for training and improving understanding of Prevent and the Channel process. More details and copies of the existing Strategy are available from the Community Safety Team.

City Community Multi Agency Risk Assessment Conference (CCM): The CCM process has now been operating for nearly a year and has proved a useful tool in managing high risk situations and protecting individuals. It has benefited from excellent support from City of London Police and DCCS colleagues. One common recurring issue is the need to improve links to mental health services and the challenges this poses in relation to individuals living outside the City. For further information on the CCM please contact the Community Safety Team.

Contact David MackIntosh, Community Safety Manager, 020 7332 3848

4. Corporate Alcohol Strategy

The Health and Wellbeing Advisory Group recently completed an activity mapping exercise which examined work relating to alcohol misuse in the City. Each of the partners currently focus on different aspects of alcohol harm, such as education and awareness raising, treatment for problem drinkers, licensing, enforcement, community safety and crime and disorder, and also target their services at different groups of drinkers such as residents, City workers and rough sleepers. The partners recognise that alcohol traditionally plays a key role in the working culture of the City and that as a result the City has a thriving night time economy. Their work encourages City workers, residents and visitors to safely and responsibly enjoy alcohol, without causing harm to their own health or compromising the safety of others. The mapping exercise highlighted that whilst there is a great deal of valuable work taking place across the City, there is also potential for greater collaboration between partners, underpinned by a common vision. We are therefore proposing the development of a Corporate Alcohol Strategy to address this and develop a Corporation-wide approach to safe, responsible drinking.

The strategy will provide an overview of alcohol harm in the City, covering both the impact on individual health and the wider community in terms of crime and safety. It will describe what needs to be done to create a culture of safe and responsible drinking in the City, prevent a further increase in ill health caused by alcohol, improve the health of problem drinkers and tackle alcohol-related crime and anti-social behaviour. The Public Health team will lead on the strategy, working in partnership with departments across the City Of London Corporation, City Of London Police and City and Hackney CCG.

Contact Sarah Thomas, Health and Wellbeing Executive Support Officer, 020 7332 3223

5. Social Wellbeing Panel

The Social Wellbeing Panel, comprising elected Members and senior officers from the City Corporation, met earlier this month to learn more about the causes of loneliness. Attendees heard from charities, researchers and local authority commissioners about the factors that can contribute to loneliness as well as interventions that have been successful elsewhere. The panel discussed social isolation amongst new parents, Black and Minority Ethnic older people, City residents living away from the main estates and those with physical and mental health issues. Despite discussing a range of target groups, common themes emerged:

- that peer support from those who have experienced similar issues previously can offer significant benefits
- the need for shared spaces where relationships can develop naturally and where community building can take place
- the need for sustained and consistent communication reiterating that support is available, in order to intervene as early as possible and reach those most in need.

The panel will meet again in January to discuss how we can apply this learning to the City. The panel will also be producing a report on its findings which will contribute to the development of the Social Wellbeing Strategy.

Contact Adam Johnstone, Strategy Officer - Housing and Adults, 0207 332 3453

6. Integrated commissioning update

The Health and Wellbeing Board received a report for information in November 2016 on exploring an integrated commissioning model between the City of London Corporation and City and Hackney CCG. An agreement was made by Community and Children's Services Committee and Policy and Resources Committee to explore this model with a more detailed report to be brought back to Members in early 2016. A Project Steering Group has been looking at some of the detail around governance and the financial framework for an integrated commissioning model and this will be presented to Community and Children's Services Committee in February 2016. This falls outside of the cycle of meetings for the Health and Wellbeing Board so an electronic version will be circulated to the Board for their information.

Contact Ellie Ward, Integration Programme Manager, Tel: 020 7332 1535

7. Better Care Fund (BCF) performance

Health and Wellbeing Boards are required to complete quarterly returns on BCF performance. The return for quarter two was submitted in November 2016. In summary:

- The total BCF pot (including the services commissioned by CCG) is £627,000. It is forecast that there will be an underspend of £6,000 which is due to the budget for one service being slightly less than originally planned. . The City of London has only invoiced the CCG for BCF funds every six months and will be invoicing for the remaining funding at the end of quarter four.
- Non-elective hospital admissions are increasing and above target. This is a specific area of focus for action.
- Delayed Transfers of Care are also increasing and above target but these are all NHS attributable delays due to awaiting public funding and friends and family choice. Delays attributable to social care remain at zero.
- Performance is good on permanent admissions to residential care – to date this year there have been two against an estimate of 11.
- Data on carer reported quality of life and service user satisfaction will be available next financial year after an analysis of survey responses.
- Most of the national conditions have been met but the main area that is still in progress is around information / data sharing. This related to the IT Enabler project which is evolving. There is also a partial national condition around 7 day support services. Although there are 7 day support services available, work is underway to establish effective co-ordination and referral pathways for the services

There are a number of actions currently taking place which will have an impact on BCF performance in the future including:

- Primary care engagement: Liaising with practices via both consortia and quadrant structures, particularly focusing on those with greatest admission increases. Review peri-admission period to identify preventative primary care management plan.
- Continued roll out of Coordinate my Care (CMC): CMC will be used for care planning across as many care settings as possible to improve patient care, focusing on the most vulnerable patients at risk of A&E attendance and admission. The wider urgent care system, including 111, LAS, and our GP out of hours service have permission to view the care plan and provide an update.
- Discharge planning will be supported by inpatient teams viewing care plans agreed with patients prior to admission, with long-term plans and wishes clearly identified. Earlier discharge will be enabled across 7 days through quadrant teams and supported by comprehensively embedding the trusted assessor model across the acute and community. A plan to develop a local discharge to assess model will be established as part of a wider programme of quadrant development.

Contact Ellie Ward, Integration Programme Manager, Tel: 020 7332 1535

8. Launch of Low Emission Neighbourhood

The Mayor of London has awarded the City of London Corporation £990,000 over three years to implement a Low Emission Neighbourhood (LEN) in the Barbican, Guildhall and Barts area following a successful funding application submitted in April 2016. The City Corporation is match funding the Mayor of London's contribution meaning the total LEN project budget will be around £2 million. The City of London LEN is one of five that will be set up across eight boroughs that will come into full effect by the start of 2019.

This area was chosen as it supports plans for improvements to Beech Street and the cultural hub, supports the Barbican Estate's plans for consolidation of deliveries and introduction of electric vehicle charge points as well as building upon previous air quality engagement projects with Barts Health NHS Trust, Barbican residents and local businesses.

The LEN proposals include air pollution awareness events, working with businesses to tackle emissions from deliveries and freight, rollout of electric vehicle charging infrastructure for residents, restricted access to Beech Street for all but the cleanest vehicles, and the introduction of green taxi ranks.

The aim of the LEN is to improve local air quality by reducing the amount of traffic and encouraging and supporting low and zero emission vehicles in the locality. Improvements in air quality are expected both within the proposed neighbourhood and more widely across the City due to an increase in low and zero emission vehicles. It is anticipated that the most successful measures will be rolled out across the City and it will not only have a beneficial impact on air quality in the

Barbican area but also result in a more liveable neighbourhood with less traffic, improved public realm, safer places to cycle or walk and new green infrastructure.

For further information contact the Air Quality team: cityair@cityoflondon.gov.uk

9. **New City and Hackney Joint Strategic Needs Assessment chapters**

New content for the City and Hackney's Joint Strategic Needs Assessment (JSNA) has recently been published and is now available online. The new content covers the following three chapters:

- Society and environment: This chapter covers the 'wider determinants' of health and wellbeing for the local population – including community cohesion, housing, living standards, employment, education and the built environment.
- Lifestyle and behaviour: This chapter covers four of the most important behavioural influences on health – physical activity, diet, smoking and alcohol consumption.
- Children and young people: This chapter covers pregnancy and infancy, physical health, vulnerable children and use of clinical services. Children and young people's mental health is covered in the 'Mental health and substance misuse' chapter published in early 2016.

The new content can be viewed here: www.hackney.gov.uk/jsna ('Health and wellbeing profile – update 2016' section).

10. **Cooking courses at Golden Lane**

Following on from the success of the cooking courses that took place at Artizan Street Library in 2016, Bags of Taste have been commissioned to provide further courses at Golden Lane Community Centre. The course is designed around driving dietary behaviour change, teaching those living in food poverty to cook nutritious food on a tight budget. All recipes that will be taught cost less than £1 a portion to make and are designed to appeal to modern sophisticated and international tastes whilst also being healthy. The course is shown to improve confidence, teaching cooking skills and providing local shopping and budgeting advice. At the end of the session, participants can also buy a food bag for £3.00 which contains ingredients for two meals for two people to cook at home along with the recipes cooked in the lesson.

Contact Poppy Middlemiss, Strategy Officer – Health and Children, 020 7332 3002

11. **Sustainable City Awards**

The Sustainable City Awards are a national "green business" awards scheme administered by the City of London Corporation. They aim to recognise and reward best practice in environmental management and sustainable leadership. The awards were established in 2001 and attract applications from businesses across the UK, from SMEs and charities to multi-national banks and corporations. The City of London Health and Wellbeing Board is supporting the "Health and Wellbeing" award. This category recognises best practice in promoting health and wellbeing, either through projects to improve the health and wellbeing of an

organisation's own workforce or work they do that benefits the health of the wider community. Judging will take place in May, followed by a ceremony in June. Contact Sarah Thomas, Health and Wellbeing Executive Support Officer, 020 7332 3223

12. Public Health England CityWell case study

CityWell is the City of London's internal employee health and wellbeing programme. In 2016 CityWell introduced desk break walks, encouraging employees to walk briskly for ten minutes every day. The campaign highlighted that our lives may not always be as healthy as we think and that walking at a brisk pace for just ten minutes on a regular basis can have enormous benefits on our physical and mental health. It can reduce stress and the risk of serious diseases such as type 2 diabetes and cancer. In partnership with Public Health England, CityWell released a case study, which is being circulated to Local Authorities throughout the UK as a best practice example and will be included and examples of the resources developed will be used within the national employers' toolkit.

Follow the link to access the case study: www.businesshealthy.org/wp-content/uploads/2016/12/6.2571-PHE-One-You-Local-Authority-City-of-London-v4.pdf or contact Becca Abrahams, Wellbeing Project Officer, 020 7332 3439

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